

Minor in Nutritional Science

Department of Nutritional Science and Toxicology:

College of Natural Resources

The Department of Nutritional Science and Toxicology (NST) offers a minor in Nutritional Science. The course work for the minor addresses topics in Human Nutrition, Nutrient Function, and Food Science. Elective options range from Food Toxicology and Metabolic Regulation to Human Food Practices and Medical Nutrition Therapy.

Unit and GPA Requirements

You must have a minimum overall GPA of 2.50 to apply for a minor. In addition, the overall GPA on the courses taken to fulfill the minor must be at least 2.50 (all courses must be taken for a letter grade unless they are only offered on a pass/no pass basis). All students must complete 15 units for the minor.

College Requirements

The College of Natural Resources requires that all courses applied to a minor must be taken on the Berkeley campus. If a transfer student petitions for a waiver of the NST 10 requirement based upon the completion of an equivalent course elsewhere, the department **may** permit substitution of a fifth Nutritional Science and Toxicology course.

Course Requirements

- θ NST 10 Introduction to Human Nutrition
- θ NST 103 Nutrient Function and Metabolism
- θ NST 106 Introduction to Food Science
- θ NST 160 Human Nutrition: Normal Physiology and Pathophysiology of Disease

Upper Division Electives:

Select 1 or 2 upper division NST elective courses
(enough courses for you to reach the total unit count of 15)

- θ NST 104 θ NST 110 θ NST 120 θ NST 150
- θ NST 161 θ NST 166 θ NST 190 θ NST 197/199

Enrollment Procedure

The minor works best for students already pursuing a bioscience degree as a background in chemistry, organic chemistry, biology and biochemistry is necessary to be prepared to do upper division work in this field. Students should complete NST 10 along with the prerequisite courses of Chem 1A, Chem 3A/AL, Chem 3B/3BL and Bio 1A/1AL by the end of their sophomore year. NST 103 should then be taken in fall semester along with a biochemistry course (MCB 102). NST 106 is offered in the fall semester and NST 160 in the spring semester. Please consult with the NST major advisor if you have questions on elective courses to complete the minor.

Completion of the NS minor will only be noted in the memorandum section of the student's UC Berkeley transcript **NOT** on the UC Berkeley diploma. Students who have completed the requirements for the minor should apply for departmental certification during the semester they intend to graduate. Applications are available in the Student Affairs Office, 117 Morgan Hall.

Application for the Minor in Nutritional Science

Name: _____ SID# _____

Address: _____

E-Mail: _____

Phone Number: _____

College/Major: _____ GPA: _____

Reason for wanting to declare minor (use backside if necessary):

CHECKLIST:

Course	Semester	Units	Grade
NST 10			
NST 103			
NST 106			
NST 160			
Elective(s)			
Total			

Please return this form to 117 Morgan Hall with a current unofficial transcript and current class enrollment printout

Department Approval: _____
(DATE)

DO NOT WRITE BELOW THIS LINE – FOR DEANS OFFICE APPROVAL ONLY

Date minor completed: _____

Date minor awarded: _____

GPA in minor program: _____

Deans Representative Approval: _____
(DATE)